In 2008, Fourth Street Clinic served nearly 6,000 homeless Utahns with more than 27,345 office visits.
# Homelessness Statistics

## UTAH

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Number of Homeless</td>
<td>15,340</td>
</tr>
<tr>
<td>Nightly Number of Homeless</td>
<td>3,507</td>
</tr>
<tr>
<td>Number of Homeless Patients at Fourth Street Clinic</td>
<td>5,914</td>
</tr>
<tr>
<td>Homeless Population Growth Rate 2007-2008</td>
<td>5.8%</td>
</tr>
<tr>
<td>Fourth Street Clinic Patients Who Have No Access to Public or Private Insurance</td>
<td>84%</td>
</tr>
</tbody>
</table>

## UNITED STATES

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Number of Homeless</td>
<td>3.5 Million</td>
</tr>
<tr>
<td>Nightly Number of Homeless</td>
<td>842,000</td>
</tr>
<tr>
<td>Total Number Who Have Experienced Homelessness</td>
<td>12 Million</td>
</tr>
</tbody>
</table>

## Average Age at Death

<table>
<thead>
<tr>
<th>Country</th>
<th>Life Expectancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>United States</td>
<td>78 Years</td>
</tr>
<tr>
<td>Utah</td>
<td>78 Years</td>
</tr>
<tr>
<td>Homeless Population (US)</td>
<td>48 Years</td>
</tr>
</tbody>
</table>

#1 cause of death among homeless people is from preventable and treatable illnesses

- Chronic Illnesses (heart disease, diabetes, cancer)
- Acute Illnesses (bacterial and viral infections)

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1 Annual Report on Poverty in Utah 2008
   This is the average age at death of the homeless people that were studied and then reviewed for this publication.
Health and housing are so inextricably interdependent that it is impossible to be successful in one without the other. People cannot pay for housing without the presence of good health; it is impossible to achieve good health without a safe, permanent home. An example of this interconnectedness is brought to life in that homeless people are three to four times as likely to experience illnesses than those who are housed.

Bankruptcy is a major cause of homelessness, and 62 percent of all personal bankruptcies in the United States result from health problems.

Fourth Street Clinic helps homeless Utahns improve their health and quality of life by providing health care and support services. With consistent health care, our patients live longer and healthier lives and often find the hope necessary to break the homeless cycle. In 2008, Fourth Street Clinic served nearly 6,000 homeless patients.

The mid-1980s brought an economic revitalization to Salt Lake City’s downtown that included the demolition and redevelopment of many substandard housing units otherwise known as Single-Room Occupancy Hotels (SROs). Many of these downtown SROs were homes to Salt Lake’s lowest-income residents: leases and deposits were not required and rooms could be had for a few dollars a night. Very often SRO residents worked odd jobs within walking distance as janitors or watchmen. When roughly 800 housing units were torn down, 1,000 residents were instantly displaced and cut off from their homes and jobs. Overnight, Salt Lake’s homeless population exploded. Prior to the 1980s, homelessness in Utah was a random, isolated and often a temporary phenomenon. Now it can be predicted, intergenerational and permanent.

With the help of federal funding, Allan Ainsworth PhD, founded Fourth Street Clinic in 1988 to give this newly homeless, uninsured and often very sick population access to primary care services and a chance at health and new housing. Opening with a part-time nurse and relying heavily on hospitals for treatment, Fourth Street Clinic is now a full-service health home that offers coordinated primary care, behavioral health, specialty care and pharmacy services. Forty staff members, 65 in-house volunteers and over 200 off-site specialists who see patients on a pro bono basis serve nearly 6,000 patients each year.
Fourth Street Clinic felt the effects of the 2008 economic downturn long before the year-end statistics confirmed the growing number of people who became uninsured and homeless. In total, 2008 left an additional 9,200 Utahns bankrupt¹, 19,480 uninsured² and 1,150 homeless³. Of those who filed for bankruptcy, 62 percent (5,700) fell into financial hard times due to health problems; three-quarters of these filers had health insurance, two-thirds owned their home, and three-fifths had gone to college⁴. Clearly, 2008 was a tipping point that brought many middle-class problems; three-quarters of these filers had health insurance, two-thirds owned their home, and Of those who filed for bankruptcy, 62 percent (5,700) fell into financial hard times due to health however, with The Salt Lake Tribunereporting that one in 10 homeowners are currently in financial trouble, we hope that great public strides will be made to prevent these currently housed people from joining the unprecedented number of Utahns who are seeking community assistance for the first time.

Sincerely,

Allan D. Ainsworth, PhD  Executive Director


PROGRAMS & SERVICES

Our 40 staff members and 65 in-house volunteers provide the following integrated health care services on-site.

There is no cost to access any service with the exception of a $15 lens grinding charge for eye glasses.

Fourth Street Clinic also refers patients to more than 200 medical specialists in the community who see our patients on a pro bono basis. Intermountain Health Care is a generous supporter of this program and donates its facilities and specialty equipment when a network physician agrees to see a Fourth Street Clinic patient.

PRIMARY HEALTH CARE
Acute, chronic and urgent care
Disease screening and management
Public health screenings
Women’s health
Immunizations
Laboratory services

PHARMACY
Prescriptions
Patient Assistance Program
Patient education
Provider consultation

CARE COORDINATION
Hospital/ER discharge planning
Off-site specialty referrals
Respite (recreative) care
Housing placement and support
Eligibility screening for public programs
Transportation
Interpretation
Patient advocacy
Outreach

VOLUNTEER PROGRAMS
Physicians/Pharmacists
Back office
Client services
Clerical
Special events
Undergraduate scholar

PROFESSIONAL LEARNING SERVICES
Practicums
Medical students
Internships
Residencies
Nursing students
Pharmacy externs

A Profile of Patients

<table>
<thead>
<tr>
<th>GENDER</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4143</td>
<td>1771</td>
<td>5914</td>
</tr>
<tr>
<td></td>
<td>70%</td>
<td>30%</td>
<td>100%</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>AGE</th>
<th>&lt; 20</th>
<th>21-64</th>
<th>65 +</th>
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<tbody>
<tr>
<td></td>
<td>770</td>
<td>5035</td>
<td>109</td>
</tr>
<tr>
<td></td>
<td>13%</td>
<td>85%</td>
<td>2%</td>
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</table>

<table>
<thead>
<tr>
<th>RACE &amp; ETHNICITY</th>
<th>White</th>
<th>Hispanic Latino</th>
<th>Black African American</th>
<th>Native Americans Alaskan Natives</th>
<th>Other</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3312</td>
<td>1104</td>
<td>439</td>
<td>289</td>
<td>770</td>
<td>5914</td>
</tr>
<tr>
<td></td>
<td>56%</td>
<td>19%</td>
<td>7%</td>
<td>5%</td>
<td>13%</td>
<td>100%</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>INSURANCE STATUS</th>
<th>Uninsured</th>
<th>Public Insurance</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4968</td>
<td>946</td>
<td>5914</td>
</tr>
<tr>
<td></td>
<td>84%</td>
<td>16%</td>
<td>100%</td>
</tr>
</tbody>
</table>

Sincerely,

Allan D. Ainsworth, PhD  Executive Director

Fourth Street Clinic is governed by a volunteer board of directors that meets monthly. Members of the board serve two, three-year terms and then rotate off the board for at least one year. They are also asked to serve on one of six committees and donate personally or raise funds for Fourth Street Clinic.

Robert Rolfs, MD  |  Board Chair
Utah Department of Health

John Parish  |  Vice Chair
Midwest Floor Coverings, Inc.

Dana Williamson  |  Treasurer
American Express

Lucinda Kindred  |  Secretary
Vanguard Media Group

Nicole Sherman  |  Development Committee Chair
Far West Bank

Dave Nimkin  |  Co-Chair Policy & Advocacy Committee
National Parks Conservation Association

Chet Loftis  |  Co-Chair Policy & Advocacy Committee
The Regence Group

John Mazaryk  |  The EPIC Medical Group

Michelle Ross  |  Salt Lake City Police Department

Christine Wind  |  Former Patient

Kaylynn Boone  |  Rescue Mission

Anne Milliken  |  The Four Daughters Foundation

Robert Huefner  |  University of Utah

Rick Nelson  |  Citizens First Financial Corporation